

# Rescue Union School District

Aug 17, 2020 thru Aug 31, 2020

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)
Mon - 08/17/2020					
Elementary Lunch	Total				
Foster Farms 95150 Corn Dog WG	1 EACH	240	390	5	30.0
Grapes, Fresh	1/2 CUP	76	2	18	19.45
Tomatoes-Grape	3/4 Cup	2	1	0	0.5
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Kellogg's Scooby-Doo Grahams	1 Each	120	115	5	21.0
Weighted Daily Average		503	605	43	79.45
% of Calories				34.1%	63.1%
Nutrient Guideline		550-650	1230		

Tue - 08/18/2020					
Elementary Lunch	Total				
Tasty Anytimers Cheese Pizza	1 Each	360	750	7	34.0
Apple 198	Each	77	1	15	20.86
Carrots, Baby (2.6 oz bag)	2.6 oz	13	29	*N/A*	3.0
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		575	935	*39	76.86
% of Calories				*27.0%	53.4%
Nutrient Guideline		550-650	1230		

Wed - 08/19/2020					
Elementary Lunch	Total				
Tonys Galaxy Pizza 78367	1 Each	290	520	9	29.0
Oranges	1 EACH	47	0	9	12.0
Jicama	.75 CUP	12	1	*N/A*	2.75
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		473	676	*35	62.75
% of Calories				*29.6%	53.0%
Nutrient Guideline		550-650	1230		

Thu - 08/20/2020					
Elementary Lunch	Total				
Don Lee Mini C Burgers QCB655	1 Each	272	355	3	31.3
Apple 198	1 Each	77	1	15	20.86
Edamame	3/4 Cup	100	30	1	9.0
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Buena Visa Holiday Cookie	1 Each	120	75	8	16.0
Weighted Daily Average		619	570	39	86.16
% of Calories				25.4%	55.6%
Nutrient Guideline		550-650	1230		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Fri - 08/21/2020					
Elementary Lunch	Total				
Cabo 71673 Bean Cheese Burrito	1 Each	298	470	2	41.48
Strawberries, Diced, Cup, Froz	1 ea	90	0	18	21.99
Celery Sticks	Serving (4)	3	13	0	0.48
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		516	638	37	82.95
% of Calories				29.0%	64.3%
Nutrient Guideline		550-650	1230		

Mon - 08/24/2020					
Elementary Lunch	Total				
Tasty Anytimers Cheese Pizza	1 Each	360	750	7	34.0
Apple 198	1 Each	77	1	15	20.86
Broccoli,raw: fresh	3/4 CUP	23	23	1	4.53
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Kellogg's Scooby-Doo Grahams	1 Each	120	115	5	21.0
Weighted Daily Average		706	1044	45	99.39
% of Calories				25.5%	56.3%
Nutrient Guideline		550-650	1230		

Tue - 08/25/2020					
Elementary Lunch	Total				
Anytime Foods Turkey Ham & Che	1 Each	300	870	3	27.0
Kiwi	1 Each	42	2	6	10.35
Peas, Frozen	3/4 Cup	77	109	5	13.69
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Buena Visa Holiday Cookie	1 Each	120	75	8	16.0
Weighted Daily Average		604	1173	35	78.04
% of Calories				23.3%	51.6%
Nutrient Guideline		550-650	1230		

Wed - 08/26/2020					
Elementary Lunch	Total				
SunButter 19426 Cups	1 Each	390	230	6	14.0
Back To Basics 37401 Crackers	Bag	90	180	2	14.0
FatCat 140 Chocolate Chip Cook	1 Each	147	120	11	24.3
Apple 198	1 Each	77	1	15	20.86
Carrots, Baby (2.6 oz bag)	2.6 oz	13	29	*N/A*	3.0
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		607	417	*38	57.06
% of Calories				*25.0%	37.6%
Nutrient Guideline		550-650	1230		

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)
Thu - 08/27/2020					
Elementary Lunch	Total				
Ultimate Cheeseburger	1 Each	330	630	9	37.0
Apple 198	1 Each	77	1	15	20.86
Edamame	3/4 Cup	100	30	1	9.0
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		632	816	42	85.86
% of Calories				26.5%	54.3%
Nutrient Guideline		550-650	1230		

Fri - 08/28/2020					
Elementary Lunch	Total				
Michael B's Beef Taquito	Serving (2)	257	86	0	27.8
Strawberries, Diced, Cup, Froz	1 ea	90	0	18	21.99
CUCUMBER,PEELED,RAW	.75 cup	9	2	1	1.93
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Weighted Daily Average		481	242	36	70.72
% of Calories				30.1%	58.8%
Nutrient Guideline		550-650	1230		

Mon - 08/31/2020					
Elementary Lunch	Total				
Foster Farms 95150 Corn Dog WG	1 EACH	240	390	5	30.0
Grapes, Fresh	1/2 CUP	76	2	18	19.45
Tomatoes-Grape	3/4 Cup	2	1	0	0.5
Crystal White Low Fat 8 oz.	1 EACH	130	160	15	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	150	19	22.0
Kellogg's Scooby-Doo Grahams	1 Each	120	115	5	21.0
Weighted Daily Average		503	605	43	79.45
% of Calories				34.1%	63.1%
Nutrient Guideline		550-650	1230		

Weighted Average		566	702	*39	78.06
				*62.6%	55.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	566		550 - 650	100%				
Sodium 1 (mg)	702		1230					
Sodium 2 (mg)	702		935					
Sugars (g)	39	27.84%			Missing			
Carbohydrate (g)	78.06	55.21%						

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