

Rescue Union School District

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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Generated on: 5/1/2019 9:43:40 AM

	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/01/2019			
Elementary Lunch	Total		
Tony's 72671 WG FB C Pizza	1 EACH	340	35.0
Tony's 78357 Pizza Fr Brd Pepp	1 EACH	310	33.0
Bistro Box, Sunny	1 Each	505	72.23
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		562	81.88
% of Calories			58.3%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Thu - 05/02/2019			
Elementary Lunch	Total		
Mary's Chicken Drumstick-Elem	1 Each	230	8.0
Bake Crafters 923 Biscuit	1 Each	180	28.0
Heinz Honey	1 Each	25	7.0
Belt Corn on the cob	Piece	25	5.25
Cabo Primo 71571 Burrito	1 Each	298	39.12
Annie's Bunny Grahams	1 Each	160	26.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Celery Sticks	Serving (4)	3	0.48
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Edamame	1/2 Cup	100	9.0
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz/Americana Taco Sauce	1 EACH	5	1.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		594	86.41
% of Calories			58.2%
Nutrient Guideline		550-650	

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 05/03/2019			
Elementary Lunch	Total		
Macaroni and Cheese	2/3 CUP	288	11.1
Dave's 150 Cornmeal Muffin	1 Each	148	23.0
Bosco WG Sticks	Each (2)	280	30.0
Marinara Sauce 1/4 Cup	1/4 Cup	40	5.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		565	77.01
% of Calories			54.5%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/06/2019			
Elementary Lunch	Total		
Tyson 2155-0928 Chick Chunks	SRV 5	240	16.0
McCain 03456 Potato Smiles	SVG (4)	130	20.02
Dannon 2731 Yogurt Danimal Str	1 Each	80	15.0
Land O Lake String Cheese	1 Each	80	1.0
Dick & Jane Fun/Fitness Cookie	1 Each	120	22.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Oranges	1 EACH	47	12.0
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz BBQ Sauce	PKT	15	4.0
Red Gold Ketchup	1 Each	10	2.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		677	97.97
% of Calories			57.9%
Nutrient Guideline		550-650	

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 05/07/2019			
Elementary Lunch	Total		
Tyson 70304-928 Chicken Sandwi	1 Each	420	44.0
Mandarin Chicken	Serving	259	14.82
InHarvest Calrose Rice 1/2 Cup	1/2 Cup	108	22.85
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Celery Sticks	Serving (4)	3	0.48
Oranges	1 EACH	47	12.0
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz Mustard	1 Each	0	0.0
Heinz Ketchup	1 EACH	5	1.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		626	85.95
% of Calories			54.9%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/08/2019			
Elementary Lunch	Total		
Tony's 72671 WG FB C Pizza	1 EACH	340	35.0
Tony's 78357 Pizza Fr Brd Pepp	1 EACH	310	33.0
Bistro Box, Sunbutter & Jelly	1 Each	787	108.13
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Oranges	1 EACH	47	12.0
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		600	86.54
% of Calories			57.7%
Nutrient Guideline		550-650	

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 05/09/2019			
Elementary Lunch	Total		
DonLeeCNQTD0753 Teriyaki Dunke	Serving (4)	159	11.7
InHarvest Calrose Rice 1/2 Cup	1/2 Cup	108	22.85
Don Lee Mini C Burgers QCB655	1 Each	272	31.3
Annie's Bunny Grahams	1 Each	160	26.0
Pickles, dill chips 1/8"	2 oz serving	4	1.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Celery Sticks	Serving (4)	3	0.48
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Oranges	1 EACH	47	12.0
Salad, Romaine and Spinach	1 Cup	21	3.46
Edamame	1/2 Cup	100	9.0
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz BBQ Sauce	PKT	15	4.0
Heinz Ketchup	1 EACH	5	1.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		587	91.56
% of Calories			62.4%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Fri - 05/10/2019			
Elementary Lunch	Total		
Ravioli w/Cheese	SRVG-4	357	35.93
Bake Crafters 1605 Texas Toast	Slice	100	15.0
Richs 65225 Pizza Crunchers	SVG (4)	420	41.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Oranges	1 EACH	47	12.0
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		626	84.79
% of Calories			54.2%
Nutrient Guideline		550-650	

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/13/2019			
Elementary Lunch	Total		
Tyson 2155-0928 Chick Chunks	SRV 5	240	16.0
McCain 03456 Potato Smiles	SVG (4)	130	20.02
Dannon 2731 Yogurt Danimal Str	1 Each	80	15.0
Land O Lake String Cheese	1 Each	80	1.0
Dick & Jane Fun/Fitness Cookie	1 Each	120	22.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz BBQ Sauce	PKT	15	4.0
Red Gold Ketchup	1 Each	10	2.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		679	98.43
% of Calories			58.0%
Nutrient Guideline		550-650	

Tue - 05/14/2019			
Elementary Lunch	Total		
Nachos	Serving (2 oz.)	248	20.0
Yogurt Parfait Elementary	1 Each	348	69.08
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Celery Sticks	Serving (4)	3	0.48
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		426	65.01
% of Calories			61.0%
Nutrient Guideline		550-650	

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Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/15/2019			
Elementary Lunch	Total		
Tony's 72671 WG FB C Pizza	1 EACH	340	35.0
Tony's 78357 Pizza Fr Brd Pepp	1 EACH	310	33.0
Bistro Box, Sunny	1 Each	505	72.23
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		562	81.88
% of Calories			58.3%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Thu - 05/16/2019			
Elementary Lunch	Total		
Hot Dog w/bun	1 Each	280	31.0
Don Lee Cheeseburger	1 Each	334	30.2
Don Lee Hamburger	1 Each	279	29.2
Bush 01619 Baked Beans	1/2 Cup	140	29.0
Annie's Bunny Grahams	1 Each	160	26.0
Pickles, dill chips 1/8"	2 oz serving	4	1.0
Red Gold Ketchup	1 Each	10	2.0
Heinz Mustard	1 Each	0	0.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Celery Sticks	Serving (4)	3	0.48
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Edamame	1/2 Cup	100	9.0
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		627	88.81
% of Calories			56.6%
Nutrient Guideline		550-650	

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Fri - 05/17/2019			
Elementary Lunch	Total		
Foster Farms 95150 Corn Dog WG	1 EACH	240	30.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Celery Sticks	Serving (4)	3	0.48
Oranges	1 EACH	47	12.0
Red Gold Ketchup	1 Each	10	2.0
Heinz Mustard	1 Each	0	0.0
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		354	54.83
% of Calories			62.0%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/20/2019			
Elementary Lunch	Total		
Tyson 2155-0928 Chick Chunks	SRV 5	240	16.0
McCain 03456 Potato Smiles	SVG (4)	130	20.02
Dannon 2731 Yogurt Danimal Str	1 Each	80	15.0
Land O Lake String Cheese	1 Each	80	1.0
Dick & Jane Fun/Fitness Cookie	1 Each	120	22.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Heinz BBQ Sauce	PKT	15	4.0
Red Gold Ketchup	1 Each	10	2.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		679	98.43
% of Calories			58.0%
Nutrient Guideline		550-650	

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 05/21/2019			
Elementary Lunch	Total		
Turkey Taco	1 EACH	275	30.6
Bosco WG Sticks	Each (2)	280	30.0
Marinara Sauce 1/4 Cup	1/4 Cup	40	5.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Celery Sticks	Serving (4)	3	0.48
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Heinz/Americana Taco Sauce	1 EACH	5	1.0
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		434	61.40
% of Calories			56.5%
Nutrient Guideline		550-650	

	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/22/2019			
Elementary Lunch	Total		
Tony's 72671 WG FB C Pizza	1 EACH	340	35.0
Tony's 78357 Pizza Fr Brd Pepp	1 EACH	310	33.0
Bistro Box, Sunbutter & Jelly	1 Each	787	108.13
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		602	87.00
% of Calories			57.8%
Nutrient Guideline		550-650	

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Rescue Union School District

May 1, 2019 thru May 24, 2019

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 05/23/2019			
Elementary Lunch	Total		
Don Lee Mini C Burgers QCB655	1 Each	272	31.3
Tyson 928 Chicken Drumstick	1 Each	190	5.0
Dave's 150 Cornmeal Muffin	1 Each	148	23.0
Annie's Bunny Grahams	1 Each	160	26.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Celery Sticks	Serving (4)	3	0.48
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		441	62.88
% of Calories			57.0%
Nutrient Guideline		550-650	

Fri - 05/24/2019			
Elementary Lunch	Total		
Richs 65225 Pizza Crunchers	SVG (4)	420	41.0
Apple 198	1 Each	77	20.86
Broccoli,raw: fresh	1/4 CUP	8	1.51
USDA-Mixed Fruit	1/2 Cup	60	17.0
Carrots, Baby (2.6 oz bag)	Each 2.6 oz	10	2.31
Edamame	1/2 Cup	100	9.0
USDA Corn Whl Krnl #10 Can	1/2 CUP	78	17.74
Nectarines, Raw	1 EACH	57	13.61
Salad, Romaine and Spinach	1 Cup	21	3.46
Crystal Apple Juice 4 oz.	1 Each	60	8.0
Ken's 801 Salad Dressing Lite	2 TBSP	35	2.0
Ranch Dressing-Homemade	SVG	43	1.92
Crystal White Low Fat 8 oz.	1 EACH	130	16.0
Crystal Nonfat Choc Milk 8 Oz	1 EACH	120	22.0
Weighted Daily Average		498	70.70
% of Calories			56.8%
Nutrient Guideline		550-650	

Weighted Average		563	81.19
			57.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	563		550 - 650	100%				
Carbohydrate (g)	81.19	57.65%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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